



# Training Committee

## ACT Trainer Application Peer Reviewers Form

Dear Reviewer,

Thank you for agreeing to participate in the peer review process.

Attached please find the materials from an ACT trainer who has asked to be listed on the ACBS website. The purpose of reviewing and listing trainers in this way is meant to help learners locate qualified and effective ACT Trainers and thereby make high quality ACT training more available. The spirit of the peer review process is to protect the high fidelity of ACT training through review of the accuracy and quality with which this person shares the ACT model while simultaneously promoting a non-proprietary open community that encourages new talent and innovation.

The applicant must meet the following five criteria in order to be recognized as an ACT trainer on the ACBS website.

1. Applicant agrees to the list of VALUES AND PRINCIPLES for ACT trainers.
2. Applicant has a terminal degree in a field relevant to behavioural psychology that allows them to undertake their specific practice in their own country.
3. Applicant is known to be of good character.
4. Applicant demonstrates that he or she is highly effective in the core skills and competencies of an ACT therapist.
5. Applicant has shown that he or she is effective in training others in ACT.
6. Applicant has a good working knowledge of the basic science and philosophy underpinning ACT (RFT, Behaviour analysis, Functional Contextualism).

The applicant you are reviewing here has agreed to and signed the values statement for ACT trainers (criterion 1); and does in fact have a relevant terminal degree (criterion 2). Below you are asked to rate criteria three through five. The applicant has submitted the attached

materials to help you evaluate his or her character (3), core skills and competencies as an ACT therapist (4) and an ACT trainer (5) and their underpinning knowledge (6).

Could you please do the following?

1. Read through the candidate's materials and watch / listen to recorded work samples.
2. Rate the applicant to the best of your ability using this form. Consider all the sources of information you have about the applicant (e.g., personal experience, attended a workshop conducted by the person, letters of reference, observation forms, video work samples, etc.) and anchor ratings as best you can. Please indicate if you do not have enough information to make a rating. Enter and save your review within the document.

*In some instances you will be reviewing video recorded material and in some you will be reading observation forms that have already been completed by other trainers.*

*If you are reviewing video recorded work-samples, you will need to use the Peer Review Observation Forms to rate the specific trainer competencies.*

*If the observations have already been done, use the ratings that have already been provided by a member of our peer-reviewed community to judge the presence or absence of the required criteria.*

3. Provide feedback on any and all aspects of your experience as a reviewer, the Peer Review Rating Form, and any other change or improvement you see could be made.
4. Email your review and feedback to the Training Committee admin support officer (at [support@contextualscience.org](mailto:support@contextualscience.org)).
5. If there's a clear consensus amongst the reviewers when reviews are compiled, then feedback is summarized and sent to the person applying to be listed as a trainer. If there is a lack of consensus, then the reviewers work with a member of the training committee to identify what's leading to the differing assessments and come to a mutual decision about the appropriate next step.

Please do not hesitate to write if you encounter any obstacle in completing your review.

With best wishes,

Darrah Westrup

ACBS Training Committee Chair

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Applicant Name:

Reviewer name:

Date:

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Criteria 3: The Applicant is known to be of good character.

1. The following are criteria that might qualify someone as being considered to be of good character. Please check those that you believe apply to this applicant:

- Shows openness to sharing innovations
- Is an on-going learner (attends professional development conferences and continues to seek continuing education related to ACT and its underpinning sciences)
- Follows basic ethical standards for own profession (e.g., honest, doesn't take advantage of clients, etc.)
- Is not exploitative in his/her financial practices in delivering ACT trainings
- Does not use ACT training to promote alternative proprietary methods
- Participates in and contributes to the ACBS community

2. Rate the degree to which you agree with the following:

a) The applicant is known to be of good character:

1	2	3	4	5	6	7
Strongly Disagree						Strongly Agree

b) Rate your confidence in the accuracy of your rating on this dimension:

1	2	3	4	5	6	7
No confidence						Very confident

Insufficient information to rate

c) Please comment on the sources you used to determine your ratings (e.g. personal contact, application only, letters of recommendation, etc.) Note anything that you think is particularly relevant to listing this applicant as an ACT trainer.

Criteria 4: The applicant has demonstrated that he or she is highly effective in the core skills and competencies of an ACT therapist.

1. Consider the following sources of information in making your rating. Check those you used in making your rating.

- Evidence that the applicant has practiced ACT extensively with clients
- Evidence that the applicant has been supervised by knowledgeable ACT trainers/supervisors.
- Evidence that the applicant has knowledge of ACT (e.g. applicant has read books, taken courses, etc.)
- Evidence that the applicant has written (e.g. articles, books, letters, etc) about ACT and that these writings reflect of their effectiveness as an ACT therapist.
- Letters of recommendation from knowledgeable clinical supervisors
- Copies of published ACT case presentations, papers, posters, workshops.
- A compilation of clinically relevant postings on the ACT list serve
- I have previously attended a training event given by this applicant.
- I have supervised or provided training to this applicant.
- Other forms of information (please describe):

2. Rate the degree to which you agree with the following:

a) The applicant is highly effective in the core skills and competencies as an ACT therapist.

1	2	3	4	5	6	7
Strongly Disagree						Strongly Agree

b) Rate your confidence in the accuracy of your rating on this dimension:

1	2	3	4	5	6	7
No						Very
confidence						confident

Insufficient information to rate

c) Please comment on the sources you used to determine your ratings. Note anything that you think is particularly relevant to listing this applicant as an ACT trainer:

Criteria 5: The applicant has shown that he or she is effective in training others in ACT.

5.1 Consider the following sources of information to use in rating whether the applicant is knowledgeable in ACT and is able to use ACT principles flexibly in training. Check those you used in making your rating.

- Letters of reference
- Experience co-training with an experienced ACT trainer
- I have previously attended a training event given by this applicant.
- Experience training/supervising others in ACT
- Ratings/feedback from training workshops observed by other ACT trainers
- Video samples of training events/supervision
- Other personal experience with applicant
- Written training materials/protocols/slides
- Video materials produced by applicant
- Information/ratings/measurements of outcome from training attendees
- Evidence of education in ACT: Have they read books, taken courses, etc.?

- A compilation of training related postings on the ACT listserv
- Empirical publications on training
- Observation form completed by another member of the ACT Trainer's Community
- Other forms of information (please list):

### Anchors

The scales in item 5.2 (below) are anchored 'novice' to 'expert'. There will be a range of levels of expertise within the training community in each of these areas and the term 'expert' should not be reserved only for world leaders in a field. Use the rating of 'Unable to rate' if you do not feel you have enough evidence to be able to rate the particular domain.

5.2 Applicant is knowledgeable in ACT and is able to use these concepts and core competencies flexibly in training. Rate the person on your perception of their intellectual knowledge and appropriate use in the following areas:

	Novice					Expert		Unable to rate
Knowledge of ACT core competencies	1	2	3	4	5	6	7	<input type="checkbox"/>
Use of ACT core competencies	1	2	3	4	5	6	7	<input type="checkbox"/>
Ability to train others in ACT	1	2	3	4	5	6	7	<input type="checkbox"/>

General comments:

6. Applicant has a good working knowledge of the basic science and philosophy underpinning ACT (RFT, Behaviour analysis, and Functional Contextualism).

6.1: Consider the following sources of information to use in rating whether the applicant is knowledgeable in basic science and philosophy. Check those you used in making your rating.

- Letters of reference

- I have previously attended a training event given by this applicant.
- Ratings/feedback from training workshops observed by other ACT trainers
- Video samples of training events/supervision
- Other personal experience with applicant
- Written training materials/protocols/slides
- Video materials produced by applicant
- Evidence of education in RFT: Have they read books, taken courses, etc.?
- Evidence of education in Functional Contextualism: Have they read books, taken courses, etc.?
- Evidence of education in Behaviour analysis: Have they read books, taken courses, etc.?
- A compilation of basic science or philosophy related postings on the ACT or RFT listserv
- Empirical publications on basic science
- Empirical publications on philosophical and conceptual aspects
- Transcript of RFT Quiz from Foxy Learning 'Intro to RFT' Tutorial
- Other forms of information (please list):

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6.2: Basic science and philosophy requirements:

(The review materials should contain a statement from the Training Committee regarding the assessments below, which you are welcome to also review if you wish.)

Satisfactory answer to short essay question on RFT/BA, as assessed by Training Committee.

Satisfactory answer to short essay question on Functional Contextualism, as assessed by Training Committee.

Please give a frank account of this applicant’s knowledge of the basic science and philosophy that underpin ACT:

7. Recommendation

Consider the overall application and qualities of the applicant and please make your recommendations below

a) I would recommend this individual’s workshops, trainings or supervision to learners.

1	2	3	4	5	6	7
Strongly disagree						Strongly agree

b) I recommend this applicant to be listed as an ACT Trainer.

1	2	3	4	5	6	7
Strongly disagree						Strongly agree

d) Specific constructive feedback you would like to give to applicant (Your entire anonymised form may be given to the applicant to help him/her improve; this is for specific messages you would like to give.)

e) Any further confidential comments to the Training Committee?

Thank you for participating in the review process, the Training Community values your commitment.